

PASSAGE C: Summary Reading Passage

TASK 5 (10 marks)

Read the passage below about the benefits of a good night's sleep.
Write a summary of the text to be uploaded on your school website.
Use 60-80 words.

Slow Food



Slow Food is an organization that promotes local food and traditional cooking. It was founded by Carlo Petrini in Italy in 1986 and has since spread worldwide. Carlo Petrini, believes "*everyone has the right to good, clean and fair food.*" Good, meaning a high quality product with a flavorful taste, clean meaning the naturalness in the way the product was produced and transported and fair, meaning adequate pricing and treatment for both the consumers and producers.

Slow Food began in Italy with the founding of its forerunner organisation, Arcigola, in 1986 to resist the opening of a McDonald's near the Spanish Steps in Rome. In 1989, the founding manifesto of the international Slow Food movement was signed in Paris, France by delegates from 15 countries.

Promoted as an alternative to fast food, it strives to preserve traditional and regional cuisine and encourages farming of plants, seeds, and livestock characteristic of the local ecosystem. It was the first established part of the broader slow movement. Its goals of sustainable foods and promotion of local small businesses are paralleled by a political agenda directed against globalization of agricultural products

The Slow Food organisation has expanded to include over 100,000 members with branches in over 150 countries.

https://en.wikipedia.org/wiki/Slow_Food